

Does My Child Have PTSD? What to Do When Your Child Is Hurting from the Inside Out: Interview Questions

Is it possible that the struggles you have with your child may be because he or she suffers from post-traumatic stress syndrome? Once ignored, even by the medical professionals treating war veterans, PTSD is gaining global recognition as a very real and serious issue for those who have experienced traumatic events, even children. Author Jolene Philo was always told that "babies don't feel any pain" and that her son would not remember the traumatic surgeries and hospital visits he endured as a young child. However, research has shown that when children experience medical illness, witness violence, or are abused, it can leave a lasting effect. According to recent studies, fifty to sixty percent of children who experience these traumas early in life may suffer from a form of PTSD, leading to issues in childhood, through adolescence, and even into adulthood. Does My Child Have PTSD? is designed for readers looking for answers about the puzzling, disturbing behaviors of children in their care. With years of research and personal experience, Philo provides critical information to help people understand causes, symptoms, prevention, and effective diagnosis, treatment, and care for any child struggling with PTSD. Why did you write a book about PTSD in children?

1. How prevalent is PTSD in children?
2. What's the difference between trauma and PTSD?
3. What causes PTSD in children?
4. What are symptoms of PTSD in children at different ages?
5. Can children be treated for PTSD? If so, what are some effective therapies?
6. What can parents do to prevent PTSD in children?
7. How can parents be affected by raising traumatized children? Are they at risk of PTSD too?
8. What should parents do if they suspect their child has experienced trauma or has PTSD?
9. What can parents do to advocate for their kids with PTSD?