

EMERGENCY CONTACTS

If I ever state that I feel dizzy, feel sick to my stomach, feel like my brain is pounding, or don't feel or look myself, please call someone on this emergency contact sheet immediately, starting with number one and moving down from there.

1. Mom
Home Phone:
Cell Phone:
2. Dad
Work Phone:
Cell Phone:
3. Family friend
Home Phone:
Cell Phone:
4. Child's Case Manager
Office Phone: – tell the receptionist it's an emergency
5. Crisis number
Office Phone: 316-660-7500
6. Lastly, Call 9-1-1 and have them take me to (name of hospital)