## **Resources**

My mom has listed some books and websites and also attached some various sheets listing some other websites that could be helpful to you.

## BOOKS

- 1. Intense Minds, Through the Eyes of Young People with Bipolar Disorder, Tracy Angalda
- 2. The Bipolar Child, Demitri Papolos, M.D. and Janice Papolos
- 3. *If Your Child is Bipolar: The Parent-to-Parent Guide to Living with and Loving a Bipolar Child*, Cindy Singer and Sheryl Gurrentz
- 4. Bipolar Disorder in the Classroom: The Essential Handbook for Teachers, Tracy Angalda – This book has not yet been released. However, it should be released in September. Mom said that she'd be happy to buy this book for your review if you would like. Please contact her.

## **Resources**

- 1. www.cabf.org
- 2. www.bipolarchild.com
- 3. www.bpchildren.org
- 4. www.starfishadvocacy.org/